

STUDIES SHOW CHIROPRACTIC EFFECTIVE TREATMENT FOR BED-WETTING

Nocturnal enuresis (bed-wetting) can be a frustrating and embarrassing experience for both children and their parents. The good news is that recent clinically controlled studies now show that chiropractic is an effective remedy for this condition.

In one study, 25% of the treatment group children had 50% or more reduction in the wet night frequency from baseline to post-treatment, while the control group showed no reduction.

Another clinically controlled trial of 46 children was done over a 14 week period to evaluate the influence of chiropractic care. Subjects were between 5 and 13 years of age. There were 31 in the treatment group, which received an evaluation or spinal adjustment every ten days. The remaining 15 subjects (the control group) were given “placebo” adjustments over an equal period of time.

The subjects receiving actual chiropractic adjustments averaged a 17.9% reduction in wet nights. There was negligible difference for the control group over the same period of time.

SOURCE: *International Chiropractic Pediatric Association online: www.4icpa.org.*